



## IL GIORNALE

Agosto, 2019 Vol IV Ed. V

### Evening of Art and Fellowship

Many thanks to Len Rattini for opening up his home and heart for us. Len gave us a tour of his artwork sharing the experiences and meaning of the paintings giving us an insight into what makes him such a wonderful person. We also enjoyed an evening of fellowship, food, wine and some fantastic desserts.



### TSOI 2817 Calendar Of Events

- Aug 24\_\_ Dinner & Karoke at Sophie's – Fran
- Aug 25\_\_ Helen Wright – Nick
- Aug 31\_\_ Annual Breakfast Fundraiser – Bob G.
- Sep 22\_\_ Three Tenors Concert – Nick / Geri
- Oct 05\_\_ Festa Italiana Raleigh – Nick / Bernard
- Oct 08\_\_ General Membership Meeting - Exec Council  
Outstanding NC Italian Person, Dino's Capri
- Oct 20\_\_ Halloween at Phillips Farm - Nick
- Oct 27\_\_ Helen Wright – Nick
- Dec 08\_\_ Christmas Party Casa Carbone – Margaret C
- Dec 10\_\_ A Mildly Italian Christmas Concert
- Dec 14\_\_ USO Hanger Party - Fran

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## Dinner & Karaoke at Sophies - August 24

**Saturday, August 24**

Time: 6:30 PM

Location: Sophies Grill & Bar  
2734 NC 55, Cary, NC 27519

<https://sophiesgrillandbar.com/>



Bring your singing voice and love of food as we gather for an evening of great eastern European flavors and karaoke. Sophies is on 55 in Cary at the corner of High House Road and 55 in the Wal-Mart shopping Center. Desy has an Italian Chef and a great spot for us to have dinner and fun. If you are interested please contact Fran Giannuzzi at [fgiannuzzi94@gmail.com](mailto:fgiannuzzi94@gmail.com) or call her at 919-650-3142.

## Good & Welfare

Please pray for Lorraine Passerati who is having cataract surgery on both eyes in July.

## August Birthdays

This month we celebrate the birthdays of those members celebrating in August.

Wish the following members Happy Birthday when you see them: Mia DeStasio (5), Linda delZioZoffer (7), George Quartell (8), Caroline Connor (10), Talia DeStasio (11), George Scalco (20), Patricia Palmer (21), Donna Kerrigan (27), Mark La Mantia (29), Marie Knight (30), Vincent Doria (31)



## TSOI Youth Profile – Anna Setzer

Anna, a 2015 winner of the TSOI scholarship, graduated cum laude from Bates College in Lewiston, Maine with departmental honors in Politics and minored in Mathematics and Spanish. During her time at Bates, she was involved in numerous activities including the track and field team, studied abroad in Buenos Aires, was a Senior Fellow in the Office Admission (where I interviewed prospective students and engaged with their families), worked to strengthen my peers' arguments as a tutor in the academic resource center, and volunteered with Habitat for Humanity. My next chapter takes me to Colombia, where I will be a teaching assistant at the University of Boyacá as a Fulbright grantee.



## Annual Fundraising Breakfast O'Charleys – August 31

O'Charley's Restaurant, 101 Ashville Avenue, Cary, NC

Cost: \$7.00, \$4.00 children 12 and under

Includes: eggs, bacon, toast, potatoes, coffee/tea/soda, and orange juice. Net proceeds support lodge's charity and scholarship programs. Advance sales only. You may pay online below or send a check made out to TSOI 2817 to [Bob Giannuzzi](#).

## Three Triangle Tenors Concert & Bellinis Dinner – September 22nd



**Three Triangle Tenors** (George Deaton, Wade Henderson, and Timothy Sparks) will perform classics of Broadway, the religious tradition, and folk, accompanied by Catherine Hamner on piano. TSOI will be a sponsor of the event which will benefit Family Promise. ALL proceeds will go to Family Promise. Family Promise is also one of TSOI's charities.

**Bellinis** – After the concert Geri Barletto will be organizing dinner at Bellini's in Cary. Please watch for a separate email from Geri with details on costs and how to sign up for this. You do not have to go to the concert to go to Bellinis.

**Family Promises' Mission** is transforming the lives of families experiencing temporary homelessness by providing support services and moving them into safe, affordable, permanent housing in our community.

**September 22, 2019**

3:00 pm

Highland UMC

1901 Ridge Road

Raleigh, NC 27607

**Tickets:**

Adults \$10

Seniors 65+ \$5

Students \$5



Watch for an email on how to order tickets.

## Farro Salad with Goat Cheese and Fried Capers (by Nick Verna)



### Ingredients

1 C Farro (rinsed)  
2 C Low-Sodium Chicken Broth  
1 1/2 tsp Kosher Salt  
1 Bay Leaf  
3 TBS Capers (drained & rinsed)  
2/3 C Extra Virgin Olive Oil (divided)  
3 TBS Apple Cider Vinegar  
1 TBS Brown Mustard  
2 tsp Honey  
Freshly Ground Black Pepper  
4 Large Fresh Basil (chiffonade)  
1/8 C Freshly Chopped Parsley  
1/4 C Toasted Pecans (roughly chopped)  
4 oz Goat Cheese (crumbled)

### Directions

In a medium saucepan, combine farro, chicken broth, salt, and bay leaf. Bring to a boil, then reduce to a simmer and let cook, stirring occasionally, until farro is tender and no broth remains, about 30 minutes. When farro is cooked, transfer to a large bowl to cool and remove the bay leaf. Drain any remaining liquid.

Rinse the capers under cold water and drain thoroughly. Place the capers on a plate covered with paper towels and pat dry. Heat 1/3 cup of extra virgin olive oil in a small saucepan until it shimmers. Add the capers and fry for 5 minutes or until they turn light brown. Remove the capers using a slotted spoon and drain on paper towels.

Make the dressing in a medium bowl. Combine 1/3 cup olive oil with the vinegar, mustard, and honey and season with salt and pepper.

Assemble the salad by gently mixing the cooked farro, crispy capers, goat cheese, basil, parsley, and pecans. Drizzle dressing over salad and toss to coat.

## 10 amazing things you probably didn't know about Bari



1. The city of Bari is divided into four urban centres.
2. Bari's airport is named after Pope John Paul the Second, Karol Wojtyła Airport.
3. Bari's climate is considerably favourable for outdoor activities compared to other European cities.
4. Bari is located in the region of Apulia and is also the regional capital of this region.
5. Bari has been related to very outstanding people on the worldwide stage including Pope Benedict XIII.
6. Bari's delicacies and gastronomy are based totally on three main elements which are found in Puglia vicinity: wheat, olive oil and wine.
7. The top attraction in Bari is the Basilica di San Nicola founded in 1087
8. Castello Svevo was originally built by the Norman King Ruggero II in the 12th century.
9. Bari was conquered and ruled by the Goths and Lombards as well as the Byzantines.
10. Bari is the second biggest city in southern Italy.

