

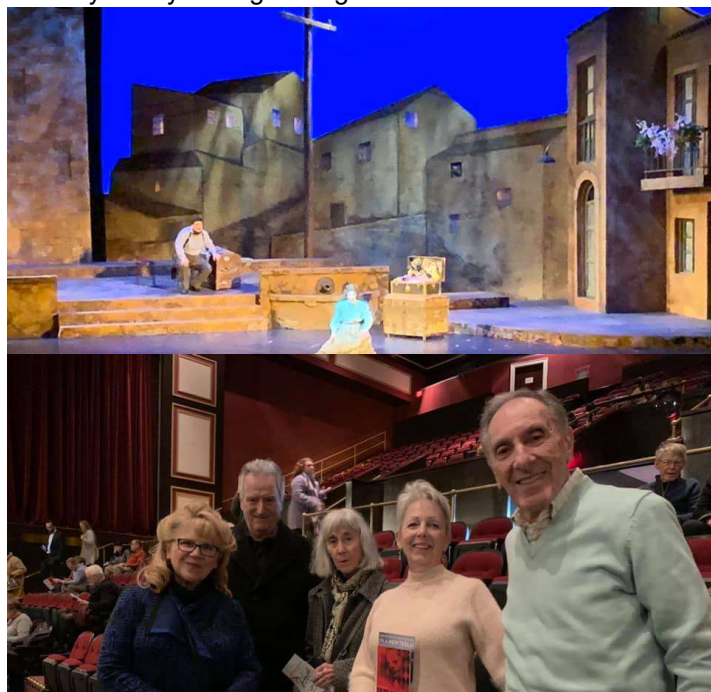


IL GIORNALE

Febbraio, 2020

Pagliacci

32 members and guests of TSOI attended the wonderful production of Pagliacci by the North Carolina Opera at Memorial Auditorium. It went by so fast I just wanted more. Thank you Jay for organizing the event.



La Befana at The Raleigh School Preschool

Thanks to Nicolette Terenzi, one of our members, the message of La Befana has been spread to the preschoolers at The Raleigh School. She read The Legend of Old Befana by Tomie dePaola, and passed out goody bags filled with Panettone, Italian cookies and candy, and a Befana coloring sheet. She said it was a lot of fun and the kids really enjoyed it. Thank you, Nicolette, for helping us spread our Italian heritage one child at a time.



TSOI 2817 Calendar of Events

- Feb 09__Movie Night
- Feb 13__Heritage Night Harris Creek Elementary - Jan
- Feb 27__General Membership Meeting – Nick V
- Mar 26__Installation Dinner – Nick V
- Apr 12__Helen Wright Shelter Dinners – Nick V
- Apr 25__Bocci Tournament – Bob G
- May 6__Pot Lunch Dinner
- Jun 7__Annual Picnic Bond Park – Jan D
- Jun 14__Helen Wright Shelter Dinners – Nick V
- Jul 25__Durham Bulls – Nick V
- Aug 9__Helen Wright Shelter Dinners – Nick V
- Oct 3__Festa Italiana – Fran G

See, Smell & Taste at Brovelli Oils, Vinegar and Gifts

Lodge member and owner, Barbara Brognano Swavelly, treated our members to a table with a variety of dipping sauces and everyone went away with a gift. Please stop by her shop if you are in City Market and check out her selection of Italian flavored olive oils, balsamic vinegars, sea salts, herb blends and much more.



February Birthdays

This month we celebrate the birthdays of those members celebrating in February. Wish the following members Happy Birthday when you see them: Lou Fabrizio (3), Donna Burlingame (6), Robert Cirolia (6), R. Jay Dewey (8), Anthony DiSantostefano (9), Larissa Grande (9), Enzo Grande (9), Sherry Hicks (14), Robert Sepe (14), John Palmer (15), Aaron DeMarche (17), David Zane (20), Suzanne Fanucci Schmidt (21), David Zoffer (23)



SICILY: LAND OF LOVE & STRIFE



Don't miss this recent documentary by our member and filmmaker Mark Spano that has changed the public's perception of the island nation. It will be screened at Mahalo Arts at the Culture Mill in Saxapahaw, NC. Q & A to follow, along with live music, the art & food of Sicily

Sunday, February 16, 2020, 2:00 p.m.

Mahalo Arts at The Culture Mill
1616 Jordan Drive
Saxapahaw, NC 27340

\$10 Suggested Contribution

Seeking Nominations for TSOI Council

TSOI is seeking the names of members who are interested in running for an office on the Council of the Triangle Sons of Italy. The potential candidates must be regular members in good standing (this excludes Social Members). I'm requesting that any member who is interested in running for any position let Rosemary Verna know via email, roverna754@gmail.com or by phone, 919-656-8498 as soon as possible.

**GET!
INVOLVED!**

General Membership Meeting - Feb 27

We will be holding our semiannual General Membership Meeting on Feb 27th at the American Legion at 7:00. The agenda will include the following topics and cake and coffee will be served.

1. TSOI Financials for 2019
2. The election of the new council members for the term starting March 1, 2020
3. A presentation by Mark Spano on "New Orleans – Another Port of Entry"

American Legion Post 67
8523 Chapel Hill Road, Cary, NC

To register email Nick Verna at nickverna14@gmail.com.

Installation Dinner – March 26

It's that time of the year that we install the new members of the TSOI Council and we swear in all of our new members. Dinner will be cooked by Nick Verna, Mark Spano and Nina Psarros. Dinner will include Pasta e Fagioli, antipasti bar (a variety of Italian meats, sausage, cheese, marinated vegetables, and Italian bread), salad, and dessert. Wine will be available for a \$3 donation / glass. The dinner will cost \$12 / person. Look for registration information on the website soon.

Italian Movie Night – Feb 9

Sunday, February 9, 2020
Time: 4:00 PM
Location: Carey C. Jones
Community Center, 309
Hollerman Street, Apex, NC

Cost:
\$10/member
\$12/guest
\$5/child (under 12 years old) and TSOI youth members



This year's movie is [Letters to Juliet](#) starring Amanda Seyfried, Vanessa Redgrave and Christopher Egan.

Admission includes popcorn, pizza, salad, dessert and coffee. Beverages and wine will be available for purchase.

Net proceeds support the Lodge's scholarship and charity programs.

Reserve online (<http://www.trianglersonsofitaly.org/events/>) by credit card or send check made out to TSOI 2817 to: Margaret Confalone
103 Cypress Creek Court
Cary, NC 27519
RSVP by February 6. No refunds.

Scottiglia

(Reprinted from **The Italian Tribune**, June 19, 2019)



Ingredients

- 4 tbsp extra virgin olive oil
- 20 oz beef short ribs
- 2 chicken legs, cut into thighs and drumsticks, thighs cut in half
- 10 oz pork sausages, cut into 1 W' lengths
- 1 large red onion, finely chopped
- 1 carrot, diced in 3/4" pieces
- 2 stalks celery, thinly sliced
- 1 pinch red pepper flakes
- 2 sprigs rosemary
- 3 tbsp Italian parsley, chopped
- 3 cloves garlic, minced
- 15 oz can tomatoes, chopped
- 2 tbsp tomato paste
- 8 oz beef stock
- 8 oz chicken stock
- 8 oz water

Preparation

Heat the oil in a large casserole over moderate flame and brown each piece of meat separately, removing each from the pan and reserving it as you go. Add the onion, carrot, celery, red pepper flakes, rosemary, parsley and garlic to the pan. Sauté gently for about 10 minutes until the onion is soft. Add all the meat back to the pan, turn up the heat and add the wine. Allow the alcohol to boil for a minute and then add the tomatoes, tomato paste, beef stock, chicken stock and water. Mix well. Bring to a boil and simmer 1 - 1 ½ hours, until the meat is very tender. Taste and season. Remove from the heat and allow to stand 5 minutes. Serve each portion with crusty bread.

Province of Viterbo

(Reprinted from **The Italian Tribune**, July 11, 2019)

Viterbo is an ancient city and Province in the Lazio region of central Italy. Its roots date back to Etruscan settlers 2,500 years ago. Just outside of Viterbo is the gracious Villa Lante at Bagnaia, designed by Giacomo Barozzi da Vignola and Bomarzo. The villa is credited as one of the most famous 16th century Mannerist gardens in Italy with lush gardens and ancient architecture.



In the northwestern portion of the province is Civita di Bagnoregio, known as Italy's Jewel on the Hill. Rising from the surrounding hills, it is a majestic sight in the skyline and dominates the wide desolate valley. Civita is quite difficult to get to, but such was not the case when the town was founded by the Etruscans about 2,500 years ago. In fact, during the Etruscan period, it was an important city because of its position along an ancient road connected to a dense network of trade routes.

