



# Triangle Sons & Daughters of Italy

*Serving the North Carolina Triangle since 2004*

LODGE 2817

## IL GIORNALE

Febbraio, 2021

### TSDOI 2817 Calendar of Events

- Feb 14 \_\_\_ Helen Wright Dinner
- Apr 11 \_\_\_ La boheme Opera - Cancelled**
- April/May \_\_\_ Bocci Tournament
- April/May \_\_\_ Movie Night
- May 16 \_\_\_ Helen Wright Dinner
- June 6 \_\_\_ Annual Picnic (tentative)
- July ? \_\_\_ Durham Bulls
- Aug 15 \_\_\_ Helen Wright Dinner
- Nov 14 \_\_\_ Helen Wright Dinner



### February Birthdays

This month we celebrate the birthdays of those members celebrating in February: Lou Fabrizio (3), R. Jay Dewey (8), Anthony DiSantostefano (9), Sherry Hicks (14), Robert Sepe (14), John Palmer (15), Aaron DeMarche (17), Frank Licari (19), David Zane (20), Suzy Fanucci Schmidt (21), David Zoffer (23), Carole Meshot (25)

### La Boheme - Cancelled

Due to the pandemic, the 2021 performance of la Boheme, has been postponed until 2022. Jay Confalone will let members know when tickets become available.

### Helen Wright Valentines Dinner



As part of the dinner, we will be serving to the women at the Helen Wright shelter on Valentines, Fran Giannuzzi

and Fran Castellano are donating two boxes of chocolates and the Lodge is donating a \$5 Starbucks gift card for each lady.

### Update on L'Aquila Earthquake



Ten years ago, OSIA and Lodge 2817 reached out to help L'Aquila dig out from a devastating earthquake. Today, the historic centre of L'Aquila, which was home to around 20,000 people before the earthquake, is a tale of two cities: one still emerging from the rubble, the other resiliently trying to return to normal. The few inhabitants who have gone back to their homes over the past couple of years live beside cranes, diggers and dusty roads. Meticulously restructured buildings stand opposite ones still clad in scaffolding. By day, workmen help by patronizing the handful of bars, restaurants and shops that have reopened. By night, those businesses are kept afloat by students from L'Aquila's university.

It is difficult to find out how many people are now living in the centre, with some guessing "a few hundred" and others "around 1,000". Inverardi, who was dean of the science faculty at the time of the earthquake, moved back into her home last year. In the months after the tragedy, she lived in a tent in her sister's garden before moving to one of 19 "new towns" rapidly built across the area. She stayed there for less than two years before moving into a repaired building on the outskirts of the city.

### 2021 Scholarships

TSDOI 2817 is awarding up to two \$750 scholarships. Only direct descendants of TSDOI members in good standing are eligible. Winner(s) must enroll in an accredited college or university in the fall of 2021. **The deadline for submission is May 1, 2021.** Here is the link to the 2021 application. <http://trianglesonsofitaly.org/scholarships>

## Read and Feed Charity

As part of our charity work, Mary Muth headed the collection of food for Read and Feed from our TSDOI members. Attached are a few pictures from our donation of food for snack packs for children in the Read & Feed program. One shows the long receipt from all of the items we were able to purchase using cash donations. Mary's daughter (home on break from Oberlin College) enjoyed helping her shop. They were very appreciative for the eight people that donated. Thanks again for all of your support and helping people in our community in these trying times.



## INTER-FAITH FOOD SHUTTLE OF RALEIGH FOOD DRIVE



We will do another food drive for this Charity and the food can be dropped off at the **Giannuzzi home** (548 Clarenbridge Drive, Cary, NC 27519) **no later than February 20**. We will also accept cash donations for the Food Shuttle, make the check payable to: **Inter-faith Food Shuttle of Raleigh** and send to our address - this way your check is tax deductible as they are a 501C-3 and we will bring all the checks with the food.

**Items that are most needed at this time are:** canned veggies, canned fruits, rice, pasta and pasta sauce, cereal boxes, oatmeal, canned soups, canned tuna and chicken and canned and dried beans.

## Good & Welfare

Please pray for Anna Florio. She is having hip surgery in March and is having a difficult time.

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Waiter: "Just let me know when to stop"  
Me:



## Interessante Italian Web Sites, Food Culture and Places

Here are some links that showcase our Italian culture. If you have suggestions please email [nickverna14@gmail.com](mailto:nickverna14@gmail.com) the site and we can put it in a future newsletter.

### FOOD

#### Cooking with Nonna

<https://www.cookingwithnonna.com>

Cooking with Nonna is an Old World-paced online series dedicated to homestyle Italian cooking. Her recipes and cookbooks bring back memories of the Italian dishes we remember from our childhood.



#### Cheese Making in Sicily

<https://larosaworks.us3.list-manage.com/track/click?u=ed7bbc3daa2ea8dd3e2ba7cea&id=c22a6e5a6d&e=006b207048>



This is a humorous and fun video about the food tradition of [Cheese-Making](#) on a farm in Sicily. Did you know that Ricotta is a religion in Sicily?

### Culture

#### Researching Your Ancestry

If you are looking to research your ancestral history or looking into



Italian/dual citizenship, Melanie Holtz is top flight and can help you on your way. We can work together to arrange your time in Sicily around your research. Ancestral research can be complicated but Melanie is a specialist with expert colleagues in Sicily and all over Italy. Take a look at [Lo Schiavo Genealogica](#). Melanie is available to get you started

and work with you to find the answers and solutions.

#### "Growing Up Italian"

<https://www.youtube.com/watch?v=EG3Cw8Hw054&feature=youtu.be>



"Growing Up Italian" is the critically acclaimed prologue from the national TV special "OUR CONTRIBUTIONS: The Italians In America". A powerfully moving film focused on the rich history of Italian-Americans.

### Places

#### Visiting Sicily from Home



Mark your calendars. Since everyone loves Italy, CNN is releasing their new 6-part travel series on Valentine's Day. It stars Stanley Tucci. One of the episodes will feature Sicily. Stanley says: "During a time when everyone wishes they could travel; the series will transport you through Italy's cultural past and present through its extraordinary cuisine. The food tells the story of this country's unique history and I'm thrilled to serve as a guide through this journey."

**Stanley Tucci: Searching for Italy** February 14, 2021, at 9 pm ET/PT

### Festa Italiana Video

Check out this video of the 2018 Festa Italiana: <https://vimeo.com/430601739>

## Pasta Della Nonna

<https://youtu.be/r05H5-44d4g>

**Yield: 4 servings**



### INGREDIENTS:

- 1 pound fine semolina - Rimacinata
- 9 ounces lukewarm water

### Directions:

- Put the semolina on a wooden board and make a well.
- Add some water and begin mixing the semolina to absorb the water.
- Continue mixing until all the semolina has been mixed and you obtain a ball of dough of firm consistency.
- Wrap the dough and set aside for about 30 mins for better results.
- Make the cuts of fresh pasta that you prefer. See video below for directions on how to form the pasta.

<https://youtu.be/hE0T-AKfhLY>



## Salerno

A busy, lived-in feel makes Salerno a refreshing contrast to touristy destinations on the nearby Amalfi Coast. With open-air cafés, a working waterfront that commands a gorgeous stretch of water, and medieval landmarks, there's plenty to reward travelers who linger.



The province of Salerno is a favorite destination for lovers of thermal centers, already known in antiquity, and they are a reference point for the whole South of Italy for its spa treatments or mud baths, for patients in need of treatment for specific diseases or people interested in slimming, relaxing and rejuvenating treatments



In the province of Salerno are still practiced various crafts of ancient origin whose secrets are handed down from father to son. The craftsmanship in Salerno and province, in fact, still preserves its traditional characteristics, but is also in step with the times by producing objects that meet even the taste of those who love beautiful and original things, beyond the current trend. For this reason, in the province of Salerno the town of Vietri sul Mare is famous worldwide for its ceramics.



The Temple of Neptune just outside Salerno is the best preserved of Paestum's two great Doric edifices and the building shown in all the tourist literature. Built around 450 BC, it is about 200ft long and all of the structure survives except the roof and the internal walls.