



# Triangle Sons & Daughters of Italy

*Serving the North Carolina Triangle since 2004*

LODGE 2817

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# IL GIORNALE DI TSDOI

Giugno, 2022



Follow us on  
Facebook at "Triangle Sons & Daughters of Italy"



And on our new YouTube Channel

[https://www.youtube.com/channel/UCyXc7MwrG\\_VCbo41MFL8AvA](https://www.youtube.com/channel/UCyXc7MwrG_VCbo41MFL8AvA)

Please note that we take photos and videos at all events. If you do not want your image to appear on either Facebook or YouTube, you must tell the photographer at that time.

IL GIORNALE DI TSDOI

Editor: Nick Verna

Send comments or suggested materials to  
[nickverna14@gmail.com](mailto:nickverna14@gmail.com).

## TSDOI Calendar of Events

- June 5 \_\_\_ Family Picnic Harold Ritter Shelter, Cary  
July 7 \_\_\_ Italian Jeopardy Night KW Realty in Apex  
July 10 \_\_\_ Helen Wright Women's Shelter  
Sept 3 \_\_\_ Fundraising Breakfast O'Charley's  
Sept 10 \_\_\_ Murder Mystery Dinner & Show  
Sept 11 \_\_\_ Helen Wright Women's Shelter  
Sept 24 \_\_\_ Festa Italiana  
Oct 15 \_\_\_ Conversation and Coffee with Author Laura Morelli - Italian Art History to Historical Fiction  
Oct 16 \_\_\_ Potluck / Italian Heritage  
Nov 6 \_\_\_ Helen Wright Women's Shelter  
Nov 11 \_\_\_ Movie Night



## June Birthdays

This month we celebrate the birthdays of those members celebrating in June: Anthony Romano (10), Julia Bledsoe (11), Joyce Moses (12), Mike Vivenzio (14), Vivian Dewey (17), Rosemary Verna (20), Leah Antkiewicz (23), Barbara White (28), Hadley Bledsoe (29).

## Italian Jeopardy Night

**July 7, 2022, 6:00 PM**  
Keller Williams Realty, 1483  
Beaver Creek Commons Drive,  
Apex, NC 27502

**\$10 per person for Members  
and Guests**

Namoli's Pizza in Apex will  
provide pizza.

Event Coordinator: Fran  
Giannuzzi

If you enjoyed the Jeopardy preview at Member Appreciation Night, then you don't want to miss this! The BEST \$10 Meal & Deal in the Triangle! 2 SLICES OF PLAIN OR SAUSAGE PIZZA - SNACKS – WINE - DESSERT – PRIZES!

Each Table will Offer Up the Table's Answers to Italian Jeopardy Questions on different aspects of Italy! Pure simple fun to come up with answers with your tablemates.

**PAYMENT INSTRUCTIONS:** You can pay online <https://www.trianglersonofitaly.org/events/> using PayPal or pay by check. If you are paying by check, please make the check payable to TSDOI 2817 and mail the check to Fran Giannuzzi, 548 Clarenbridge Drive, Cary, NC 27519.



## Letter from the President



### CELEBRATING ITALY REPUBLIC DAY

Cari Membri:

Here's a little bit of Italian History. The month of June marks the anniversary of the establishment of the nation of Italy as a republic. The House of Savoy had been the ruling house of Italy from 1861 - 1946. After World War II, the Italian public held a referendum to determine if Italy would move forward as either a monarchy or a republic. The results were clear that the people of Italy preferred a republic and a new constitution was adopted.

For many Italian Americans who immigrated to the USA or still had extended family members living in Italy, it was quite refreshing after World War II to see their Italian relatives and former country choose to become a republic.

According to an article in NationalToday.com: "Every year, June 2 is commemorated with official ceremonies, speeches, concerts, and parades across the country, with a hallmark military parade celebration taking place in the capital city of Rome that is broadcast worldwide and can be enjoyed by all. Celebrations take place at Italian embassies all around the world as well, characterized by flag hoisting, painting faces red, green, and white, and going on Italian picnics. Another highlight of the day is the flyover by the Freccie Tricolori. Many aircraft soar through the Italian skies, releasing streaks of white, green, and red smoke. It's a beautiful sight to see!"

In celebration of Italy becoming a republic, perhaps you can enjoy a colorful green/white/red Italian dish such as caprese salad or margherita pizza, or search for a video of the flyover by the Freccie Tricolori.

This is a short but very important piece of Italian history. I hope to see you at one of our upcoming TSDOI Italian Events.

Buona Festa della Repubblica italiana

Don Cimorelli, TSDOI Lodge President

## Annual Family Picnic and Scholarship Awards

**June 5th**

3:00 - 8:00 PM (Dinner served: 4:00 PM)

Harold Ritter Shelter, 301 Lochmere Drive, Cary

\$13.00 for members

\$16.00 for non-members

Children Under 10 - \$6.00

Event Chair: Fran Giannuzzi

### Menu to Include:

- Mama T's Potato Salad
- 6-oz. Angus Burgers with Cheese, Lettuce, Tomatoes, Onions, and Condiments
- All Beef Hot Dogs w/Chili, Diced Onions & Condiments
- Basilio Sausage with Peppers and Onions
- BBQ Baked Beans
- Sweet Tea, Unsweetened Iced Tea, Lemonade & Water
- Sheet Cake to honor our scholarship winners.

### Activities

- Games for kids and adults
- Left Right Center - bring three one-dollar bills
- 50/50 raffle



To purchase tickets, go to

[www.trianglesonsofitaly.org/events/](http://www.trianglesonsofitaly.org/events/) to sign up and pay by check or with PayPal.

If you are paying by check, please mail the checks to Fran Giannuzzi, 548 Clarenbridge Drive, Cary, NC 27519.

**TO MOST PEOPLE:**  
It's A Tool Used  
For Cooking...



**TO ITALIAN KIDS:**  
It's An Immediate  
Attitude Adjustment!

## Italian Night at Mamma Mia's Italian Bistro



To see additional pictures from this event please go to our Facebook Page "Triangle Sons and Daughters of Italy."

## 2022 Scholarship Winners

We are thrilled to announce the two scholarship winners who will be honored at our TSDOI Picnic on Sunday, June 5th.

### Daniel Kunath

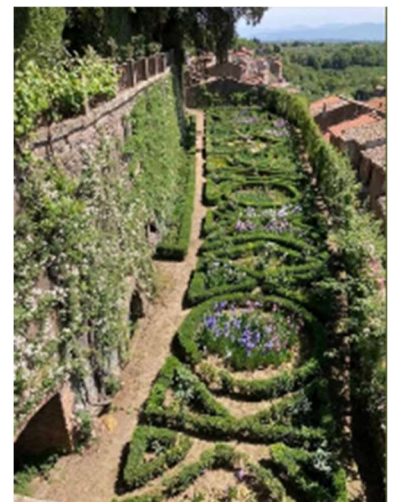
Daniel is the son of TSDOI Member Matt Kunath. An active Boy Scout, in high school he achieved the highest honor in Scouting -- the Eagle Award. He was both a Pope Eagle Scout Scholar and a National Merit Scholar. He attended and graduated from the University of Richmond in 2020 with a degree in Management, Entrepreneurship, and Innovation. During his free time, Daniel volunteered with the Apex Community Emergency Response Team. After graduating from Richmond, he founded the One Zoom Schoolhouse, a business that provided remote learning strategies and tutoring for high schoolers. After working as a Patient Service Aide at Duke University Hospital and a Medic at Camp Durant (a Boy Scout Camp in Carthage, NC), Daniel realized that he was passionate about medicine. He enrolled in the University of Greensboro in pre-medicine and plans to receive his BS in Biology in December of 2022, after which he will apply to Medical School. While in school, he is working as an Emergency Room Technician and has received his EMT and Nurse Aid I certifications. In his essay, Daniel reflected on bonding with an elderly ER patient over their shared Sicilian (specifically Palermo) heritage and an Italian American upbringing that instilled in him a strong work ethic.

### Patricia Polinski

Patricia is the granddaughter of TSDOI members Vivian and Jay Dewey. Patricia attends Pender Early College High School, where she has a weighted GPA of 4.45. She plays flute in the Community Band, and she volunteers with the Burgaw Parks and Recreation Department. She was active in Science Olympiad, medaling in events such as Astronomy and Sounds of Music, and even coached other students. Patricia is very involved in Girl Scouts. Active in her troop since the age of 5, she volunteers as a program aid, has worked as a Summer Camp Counselor, and has served as a Staff Member for numerous events at the troop, city, and county levels. Some of these events have required her to be certified in both Archery and Boating. Patricia has been awarded the Silver Award and the Gold Award, the highest honor in Girl Scouting! She will attend Appalachian State in the fall. Patricia had the opportunity to showcase her Italian pride several times to her fellow Girl Scouts, sharing cannoli with them and introducing them to Grandma's baked ziti. She is grateful to have learned about cooking and other Italian traditions. Beyond food, Patricia sees pieces of her Italian heritage all around her and wants to maintain these connections, especially to honor her late Great Grandmother.



Castello Ruspoli and  
Mushroom Truck by  
Mary Muth



# Durham Bulls



## 2022 Bocce Tournament

The weather held out to showcase an epic battle between 11 bocce teams at our annual bocce tournament. The favorites were left in the dust as new teams came out victorious. Here are some pictures of the tournament. Additional pictures can be found on our Facebook page. \$1,000 was raised for the Doug Flutie Foundation for Autism.



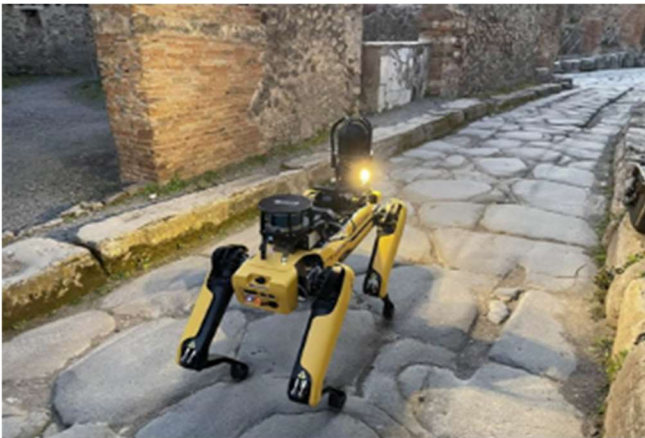
# FOOD & CULTURE

Interessante | Web Sites | Food | Culture | Places | Stories

Food & Culture highlights our Italian culture. If you have suggestions, please email Nick Verna at [nickverna14@gmail.com](mailto:nickverna14@gmail.com) and we can put it in a future newsletter.

## Pompeii Hires Robot Dog to Patrol Its Ancient Ruins

<https://www.italymagazine.com/featured-story/pompeii-hires-robot-dog-patrol-its-ancient-ruins>



Amid ancient mosaics and the remains of patrician villas in Pompeii, a four-legged robot dog moves confidently on the uneven stone paved streets. It is not the set of a science fiction movie - the black-and-yellow robot dog is the new guardian of Pompeii.

Named Spot, the robot, designed by U.S. firm Boston Dynamics, has been 'hired' to patrol the archaeological site in order to identify safety and structural issues. Equipped with a powerful headlamp and a 360° camera placed on its eyes that helps it avoid obstacles, Spot will be able to inspect even the smallest and darkest spaces, including areas that would be risky for humans to access, such as the tunnels dug over the centuries by tomb raiders, now most at risk of collapsing.

Spot will help gather and record data useful for the study and planning of interventions, according to the Archaeological Park of Pompeii. Its use could significantly speed up inspection and restoration activities.

The robot is assisted by a Leica BLK2FLY flying laser scanner conducting 3d scans of the ruins.

Spot weighs about 40 kg, can operate for 90 minutes at a time and move independently on a predefined path or be remotely guided. It can carry up to 14 kg of equipment and is capable of moving on any terrain, even the bumpiest, at a speed of 5.7 km/h.

The ancient Roman city of Pompeii, destroyed in 79 C.E. after Mount Vesuvius erupted, is a favorite tourist destination in Italy. In recent years, the collapse of several buildings due to poor maintenance caused an outcry and UNESCO threatened to add Pompeii to its list of world heritage sites in peril. The Great Pompeii Project, approved in 2014 and funded by Italy and the European Union, was instrumental in Pompeii's resurgence, thanks to improved restoration and on-going conservation works.

## Rome Residents Impose Curfew After Spate of Wild Boar Attacks

<https://www.theguardian.com/world/2022/may/03/rome-residents-curfew-wild-boar-attacks>



Nightly restriction in north comes as woman says boar 'was on top of my head' during encounter on Sunday

Wild boars cross a street in Rome. The city's overflowing bins have been a magnet for the animals, which roam the streets scavenging for food.

Residents in several neighborhoods in northern Rome have imposed a nightly "curfew" after a spate of attacks by wild boar, which for years have roamed the Italian capital. In the most recent encounter, a woman said a boar "was on top of my head" after she was pushed to the ground during an attack on Sunday night. The incident prompted exasperated residents of Balduina and six other districts to impose an 8.30pm curfew.

The latest victim was Marta Santangelo, a psychotherapist, who was attacked by a boar beside a bin while walking her dog. "It was just before 11pm ... I was carrying a bag of rubbish and by the bin I noticed boar cubs. The mother was fixating on me. I understood that maybe she was scared and so picked up my dog and ran for cover. "But as she tried to flee, Santangelo said she was attacked by the mother boar and fell to the ground. "She was on my head ... I screamed and my dog defended me. There were seven piglets close by, but they didn't attack." Santangelo was picked up by a motorist and taken to hospital, where she was treated for minor injuries to her face and knee.

## 9 Things You Didn't Know about Trevi Fountain



1. Fontana di Trevi, standing 26.3 meters (86 ft) high and 49.15 meters (161.3 ft) wide, it is the largest Baroque fountain in Rome city and one of the most famous fountains in the world.
2. Trevi Fountain is one of the oldest water sources in Rome
3. Salvi was not the original architect. Nicola Salvi won the contest to design the fountain, but it is said that he may not have been the first choice and that Alessandro Galilei was the original winner.
4. You can thank gambling for the fountain's existence. Pope approved the idea of Salvi, and he basically played a lotto game to pay for the fountain and the money earned in Rome financed the Trevi Fountain.
5. It's made from the same material as the Colosseum. It was made from travertine stone and during its construction many men were injured, and a few died because of the huge stones.
6. And it uses a lot of water. The wonderful fountain spills about 2,824,800 cubic feet of water every day and of course the water is recycled.
7. The fountain is charitable. Every day €3,000 is thrown into the fountain. Those coins are collected and given to an Italian charity, and they spend it to give rechargeable cards to Rome's needy to help them what they need for a living.
8. It's a crime to steal the coins from the Trevi. The most known thief however, was famous by his nickname, d'Artagnan and he used to steal the coins for 34 years before he got caught in the summer of 2002.
9. The white stone fountain has been black and red. In 1996 the fountain was turned off and draped in black crepe for the death of the actor Marcello Mastroianni and in 2007 a vandal dumped a red liquid substance.



## Chicken in Puff Pastry - Petto di Pollo

Video: <https://www.facebook.com/watch/?ref=saved&v=361606282449847>

Recipe by Nick Verna

I recently saw a video on how to make this dish, but it was in Italian. I created this recipe after watching the video several times and it came out fantastic. You can prepare it a day ahead or even freeze it, just don't make the slits until you are ready to cook it.

Servings: 4

- 1 Box of Frozen Puff Pastry (one sheet)
- 2 TBS Olive Oil
- 1 Garlic Clove (peeled)
- 8 oz Fresh Spinach (washed)
- ¼ tsp Kosher Salt (or 1/8 tsp Table Salt)
- 4 Thin Cut Chicken Breasts ★
- ¼ lb. Thin Cut Prosciutto (8 slices)
- ¼ lb. Provolone (sliced medium)

### Directions

1. Thaw one sheet of puff pastry overnight in the refrigerator. Do not take it out until you are ready to roll it out.
2. Preheat your oven to 425°F.
3. Heat the olive oil in a large frying pan over medium heat until it shimmers, then add the garlic clove and cook until fragrant (about 2 minutes). Remove and discard the garlic clove.
4. Add the spinach and salt to the hot oil and cook until wilted, stirring occasionally.
5. Place the chicken cutlets on a cutting board and top each piece with two slices of Prosciutto, a slice of provolone, and a spoonful of the cooked spinach.
6. Roll out the puff pastry on a large, floured cutting board or countertop until it measures 12" x 15". Cut the pastry into four equal parts.
7. Place the rolled-up chicken in the center of each piece of puff pastry.
8. Roll up the puff pastry around the chicken cutlets, pinch the seam then tuck in the ends. Cut four slits in the top.
9. Place the puff pastry parcels on a rimmed baking sheet and bake at 425°F for 35 minutes or until golden brown and the chicken reaches 160°F. Serve immediately.



★ NOTE: If you cannot find thin cut chicken cutlets purchase two chicken breasts and slit them into 2 thin cutlets and pound them thin.

